



5740 Coventry Lane (Village at Coventry) 436-9009

2018 Summer Class Schedule

Classes designed with FUN in mind!

This schedule runs June 18th thru August 3rd – No class the WEEK of July 2nd-8th

MONDAY – The Fort Wayne Stellar Steppers Majorette & Cheer

5:00 = Age 5-8

6:00 = Age 9-12

7:00 = WERQ Hip Hop Fitness

5:00 = Cheer Fundamentals Age 9-12

6:00 = Cheer Fundamentals Age 5-8

TUESDAY

10:30AM Fit & Flex Camp (Open Level) - Miss Sheenah

4:00 = Open-

5:00 = Int. Tap/Ballet/Jazz-Hop (6&up)

6:00 = All Level Tap/Jazz Combo

7:00 = Flirty Girl Fitness- Booty Beat

4:00 = Open

5:00 = Jr. Stretch & Flex Power Hours

(Ballet tech, Flex/Stretch, Conditioning, Yoga)

Class will end at 7pm

7:45 = Next Level Adult Class (HH & Jazz)

BALLET WEDNESDAY

4:00 = Tiny Tot Jazz Technique

5:00 = Jazz Technique (Open Level)

6:00 = All Boys Hip Hop/Tap

7:00 = Zumba w/Samantha- Fitness

4:00 = Tap/Ballet/Hip Hop (2-5)

5:00 = Alliance Acro Class A (10 Spots) – I/A

6:00 = **Stretch and Flex Power Hours-2hrs.**

(Ballet Tech, Flex/Stretch, Barre)

THURSDAY – TNT (Tricks N' Turns)

10:30 AM = Creative Movement (3&up)

4:00 = Open

5:00 = Focus Class (Turns)

6:15 = Alliance Acro Class B (10 Spots)- B/I

7:15 = Open Hip Hop

4:00 = Open

5:00 = All Level Lyrical/Contemporary

6:00 = Adult Tap Class

7:00 = Booty Barre -Fitness Class